Gold's Gym Saint-Laurent

Joining Gold's Gym St-Laurent is voluntary, so when you register, you're agreeing to share some of your personal information. Designation held liable for any harm or damages arising out of the use of this site in the course of your registration

Preferred rates

- 21% discount on annual membership
- All members who live at the same address as the employee can benefit from an annual subscription at the family price of \$627,71\$ (taxes not included).

Included in membership

- A fitness assessment with a coach
- Group classes
- Access to the training room

To take advantage of the discount

- Offer valid with retiree card
- Offer valid for spouses and children living at the same address

*Offer valid until July 31, 2026
For more information, call 514 543-4653 or visit https://www.goldsgymgc.com/