

# My Virtual Yoga

**Joining My Virtual Yoga is voluntary, so when you register, you're agreeing to share some of your personal information. Desjardins can't be held liable for any harm or damages arising out of the use of this site in the course of your registration.**

## Preferred rates

- 35% off yearly memberships (regular rate: \$199/preferred rate: \$129.35 plus tax)
- <https://myvirtualyoga.com/desjardins> (please use Google Chrome to access this Web site)
- Available in all regions of Quebec

## Membership includes:

- Free 7 days trial
- Unlimited access to all yoga, Pilates and other training videos
- New videos uploaded every week
- Available on smartphones, televisions and tablets
- Classes available anywhere
- 10 to 90 minute classes
- Beginner, intermediate and advanced classes

## To take advantage of the discount

- Offer valid for spouses and children living at the same address

*\*Offer valid until July 31, 2025*

*For more information, visit [www.myvirtualyoga.com](http://www.myvirtualyoga.com) or call 1 855 355-YOGA (9642)*